TRAINING MEMBERS FOR CARE GROUP – Part 1
Gateway Adventist Centre

www.gatewaysda.org and www.rightlytrained.org

johnnytina.wong@gmail.com (Trainer: Johnny Wong)
Ministry started by a few SDA young people 19-22 y.o.

1. A network of care groups (small group ministry) and many overseas care groups

2. New Church in the city of Melbourne. 1st church grew from 35 to 150 in 4 years. 2nd Church started May 08. 3rd church planted in August 2012.

3. Training Centre to train young people to be soul-winners for Christ & courses to reach the community via ‘needs-based’ courses

4. Church sponsoring the Student Club (Adventist Student On Campus) at 3 University Campuses

Gateway is an Outreach center – Over 130 baptisms 90% retention rate & top 3 churches in Tithe
Steps towards 10X improvement (Paradigm Shift)

① Spiritual Revival by the Word leads to clear Adventist Identity

② Belong, Belief, Be Transformed – Home-based Evangelism

③ Back to Basics – Discipleship and investing in people

④ Personal Witnessing – learn to watch the Holy Spirit
What is the model?
Three equally important parts:

1. Sharing a meal
2. Word – relevant & simple
3. Sharing Time
   - ‘How was your week?’
   - ‘Anything to pray for?’

Recap - CARE Groups

Wholistic CARE Groups

‘Left-Hand’ Illustration:
- **C**ommunity
- **L**eadership
- **E**vangelistic
- **A**ccountability
- **R**eproducing thru training

Guidelines for Leadership

- Spiritual leadership
- No seeker, No Care Group
- Relational not ‘head knowledge’
- Leader’s are cared for
- Importance of Prayer
- Rubbing lives with people
‘How would you sustain groups?’

‘How to develop first, second and third line leadership in CARE groups and churches?’

‘How do we rightly train ourselves? How do we train our church members?’
A quick look at the early church, and one senses an explosiveness we don’t just see today …

120 disciples
Acts 1:15

3000 baptised
Acts 2:41

5000 believed
Acts 4:4

‘Multiplied greatly’
Acts 6:7

Source: Intro to the CALL, www.fast.st
A quick look at the early church, and one senses an explosiveness we don’t just see today …

ACTS 5:28, 8:4, 17:6

- First century believers “filled Jerusalem with [their] doctrine”
- Then spread out “every where preaching the word”
- Until they had “turned the world upside down”.

All of this, in ONE generation!

Evangelism

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ACTS 19:8 - 10

- Paul preached for three months in the Synagogue (Evangelism)

- There were opposition; Paul took those who believed away to the School of Tyrannus

- For two years Paul was at the school ‘daily’

All of Asia – Jews and Gentiles - heard the gospel!

Evangelism + ?

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**ACTS 19:8-10**

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- There were opposition; Paul took those who believed away to the School of Tyrannus
- For two years Paul was at the school ‘daily’ *(Training)*

All of Asia – Jews and Gentiles - heard the gospel!

**Evangelism + Training = Explosion!**

Source: Intro to the CALL, www.fast.st
Evangelism is none too plentiful – but training?

We are counseled:

• “The greatest help that can be given our people is to **teach them** to work for God.”

• “There should be well **organised plan** … to instruct the members how to labor for the up-building of the church.”

• **Many would be willing** to work of they were taught how to begin. They need to be instructed and encouraged.”

• “**Every church** should be a **training school** for Christian workers.”

Source: Christian Service p.58-59

How many elders, leaders and pastors are trainers? OR are they merely administrators and preachers?
Q & A
TRAINING MEMBERS FOR CARE GROUP – Part 2
Gateway Adventist Centre

www.gatewaysda.org and www.rightlytrained.org

✉ johnnytina.wong@gmail.com (Trainer: Johnny Wong)
Curriculum to bring to membership ... not only discipled but to be a worker
Many study curriculum to bring to membership … but not discipleship
Gateway will be a soul-winning and training centre that multiplies churches in 3 years.
<table>
<thead>
<tr>
<th>Core Values</th>
<th>Definition</th>
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<tbody>
<tr>
<td>Bible Based</td>
<td>Beliefs and practices are founded on the Bible</td>
</tr>
<tr>
<td>Christ-Dependent</td>
<td>Empowered by prayer</td>
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<td>Seeker Oriented</td>
<td>Passionate about reaching seekers</td>
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<tr>
<td>Discipleship modeling</td>
<td>Dedicated to a mentoring philosophy</td>
</tr>
<tr>
<td>Training</td>
<td>Equipping for witnessing</td>
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<tr>
<td>Accountability</td>
<td>Accept personal and group accountability</td>
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</tbody>
</table>
One worker who has been trained and educated for the work, who is controlled by the Spirit of Christ, will accomplish far more than ten laborers who go out deficient in knowledge, and weak in the faith.

One who works in harmony with the counsel of God, and in unity with the brethren, will be more efficient to do good, than ten will be who do not realize the necessity of depending upon God, and of acting in harmony with the general plan of the work.

- Review & Herald.1888-05-29.008
Discipleship Goal:

To develop Workers, not make Members.
Then he said to his disciples, the harvest is plentiful, but the workers are few;

Ask the Lord of the harvest, therefore, to send out workers into his harvest field.’

– Matthew 9: 37 -38
Gateway’s Integrated Discipleship Model

SPIRIT LED

- Counsel
- Oversees Coach
- Elders
- AYC Seminars
- Training
- Bible Teacher
- Spiritual Guardian
- Members
- Spiritual
- Guardian
- Bible study together with new contacts Coaching/Praying

Accountability
Serve Together Coach them

Ministry Leaders

Discipleship Class (FAST)

Training Accountability Skills Development

Care Group

Accountability
Nurture
Leadership Training Teaching Development

(For New Members)
Primary Carer
Nurture
Counsel
Discern Spiritual Gifts
Channel Gifts
Oversees their service
Four Foundational Pieces for Discipleship
Four Foundational Pieces for Discipleship

1 to 1

ACCOUNTABILITY

WORD OF GOD

SYSTEMATIC TRAINING
Four Foundational Pieces for Discipleship

1 to 1 → ACCOUNTABILITY

ACCOUNTABILITY → SYSTEMATIC TRAINING

SYSTEMATIC TRAINING → WORD OF GOD

WORD OF GOD → 1 to 1
One person investing in the live of another person!

**ACTS 11:22 – 26**

- **Reaffirm** (v.23) – Barnabas was glad when he saw the evidences of God’s grace.

- **Encourage** (v.23) - “exhorted them all, that with purpose of heart they would cleave unto the Lord”

- **Actively looked** (proactive) for Paul & invited him to work together v. 25, “Then departed Barnabas to Tarsus, for to seek Saul: and when he found him, he brought him back to Antioch”

- Barnabas and Paul met with the church, they worked together - demonstrating, modeling. Result: Paul learnt Barnabas way of discipleship and took Silas and Timothy

- **Teach Together** v.26 “they taught much people”

**RESULT:** The disciples were called *Christian* first in Antioch
Paul’s Leadership Training

- Barnabas
- Paul
  - Gentiles
  - Silas, chief among the brethren
  - Aquila Priscilla
  - Timothy
  - Titus
  - John Mark

- Rome
- Corinth
- Ephesus
- Island of Cretes
- Dalmatia
‘And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also.’ – 2 Timothy 2:2
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Timothy
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Paul → Timothy
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1 to 1 discipleship leads to multiplication
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‘And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also.’  
– 2 Timothy 2:2

1 to 1 discipleship leads to multiplication
But it starts with YOU!

YOU – People Investing in A Person’s Life
Gateway’s Integrated Discipleship Model

SPIRIT LED

Elders
- Counsel
- Oversees Coach
- Accountability
- Serve Together Coach them

AYC
- Seminars

Bible Teacher
- Bible study together with new contacts Coaching/Praying

Members

Ministry Leaders
- Training
- Accountability
- Skills Development

Discipleship Class (FAST)

Care Group
- Accountability
- Nurture
- Leadership Training
- Teaching Development

Spiritual Guardian
- (For New Members)
  - Primary Carer
  - Nurture
  - Counsel
  - Discern Spiritual Gifts
  - Channel Gifts
  - Oversees their service
MY COMMITMENT AS A SPIRITUAL GUARDIAN

To: ________________________________

As a fellow Christian who has experienced the joy and challenges in Christian life, I would like to share this experience with those who are just beginning their walk with Jesus. I have felt the call from God, and have sensed the burden for your spiritual growth. Therefore, I am committed to be your spiritual guardian at least for the next one year.

By the grace of God, and the guidance of the Holy Spirit, I will:

1. Regularly remember you in my prayers, and take time to pray with you.
2. In kindness and love, be your friend.
3. Take time to visit you, to know your needs—physical, mental, emotional and spiritual.
4. Watch out for you at church services. And if you are absent from a meeting, I will inquire as to the reason, and let you know that you are missed.
5. Show genuine interest in you, yet being careful to leave you enough personal space.
6. Be an example to you and encourage you to look to Jesus as the example in the Christian walk.
7. Share with you what I have learned from the Bible.
8. Encourage you to build up a personal relationship with Jesus through Bible study and prayer.
9. Bring you along as I share my faith with others through Bible study or testimonies.
10. Encourage and support you as you learn to share your faith with others and serve God with your spiritual gifts.
11. Make arrangement for follow-up if either you or me will move away within the next 12 months.

From: ________________________________ Date: ___________

Primary Role:

- Look after the spiritual welfare of the new believer.
- Any potential role assignment for the new believer to be checked by spiritual guardian
- Write a testimony
- Continue Bible Study, visit and prayer

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- Any potential role assignment for the new believer to be checked by spiritual guardian
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What 1-to-1 discipling is **NOT**:

- if you have problem call me – not reactive; proactive
- Checking or policing the young in faith
- Not about do’s and don’t’s but about sharing lives
- Merely spending time with each other and NOT studying the WORD of God
As a ‘church of Antioch’ we see young people training others ...

- **Vision Casting (4 person)**
- **Revival of Core Members**
- **Discipleship Training**
  - FAST Survival
  - FAST Basic Training
- **Revival Camp**
  - SDA Identity
- **CARE Group Training**
  - & Prayer for Seekers
  - FAST Team Tactics
- **Launch**
- **Care Group 1**
  - 12-15 people
- **Care Group 2**
  - 12-15 people

**Hong Kong**

**Gateway, Melbourne**
Four Foundational Pieces for Discipleship

1 to 1

ACCOUNTABILITY

WORD OF GOD

SYSTEMATIC TRAINING
Biblical Model of Discipleship ....is based on the WORD

1Thess 1:5-8

Paul, Silas, & Timothy
• V.6 believers in Thessalonica “having received the word”
• V.7 become examples to the believers in Macedonia and Achaia Live out the word
• V.8 “word of the Lord has sounded forth” In every place their faith spread abroad

RESULT: “We need not to speak anything”
1 Thess 1:5-8

Paul, Silas, & Timothy

Thessalonians

Believers in Macedonia & Achaia

Every Place

Word of God was centered in each!
### Power in the Word of God

<table>
<thead>
<tr>
<th>Reference</th>
<th>Text</th>
<th>Power of the Word</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psa 33:6,9</td>
<td>By the word of the Lord the heavens were made. And all the host of them by the breath of His mouth. For He spoke, and it was done; He commanded, and it stood fast.</td>
<td><strong>Creative Power</strong></td>
</tr>
<tr>
<td>Isa 55:11</td>
<td>So shall My word be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper in the thing for which I sent it.</td>
<td><strong>Fulfilling Power</strong></td>
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<tr>
<td>Heb 4:12</td>
<td>The word of God is living and powerful and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrows, and is a discerner of the thoughts and intents of the heart.</td>
<td><strong>Discerning Power</strong></td>
</tr>
<tr>
<td>Psa 119:116</td>
<td>Uphold me according to Your word, that I may live; And do not let me be ashamed of my home. Hold me up, and I shall be safe, And I shall observe Your statutes continually</td>
<td><strong>Upholding / Sustaining Power</strong></td>
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Power in the Word of God

John 1:14

"The Word became flesh"
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✉️ johnnytina.wong@gmail.com (Trainer: Johnny Wong)
Four Foundational Pieces for Discipleship

1 to 1

ACCOUNT-ABILITY

SYSTEMATIC TRAINING

WORD OF GOD
Word of God to start the Engine of Discipleship (“having received the word”)

REASONS FOR SCRIPTURE MEMORY:

1. God commanded it
   Proverbs 7:1,3, Deut 11:18, Job 22:22

2. Many blessings …
   - Overcome Temptation
     Psalms 119:11
   - Power in Prayer
     John 15:7
   - Guidance in Life
     Isaiah 30:21

3. Essential for Discipleship
   Hear, Receive, Live & Share

4. Witnessing
   Proverbs 22:21, 18
Titus 1:9

Holding fast the faithful word as he has been taught, that he may be able by sound doctrine, both to exhort and convict those who contradict.

1 Corinthians 15:1-2
Moreover brethren, I declare unto you the gospel which I preached unto you, which also ye have received, and wherein ye stand. By which also ye are saved, if ye keep in memory what I preached unto you, unless you have believed in vain.
Four Foundational Pieces for Discipleship

1 to 1

ACCOUNTABILITY

WORD OF GOD

SYSTEMATIC TRAINING
‘With such an army of workers as our youth, **rightly trained**, mightily furnished, how soon the message of a crucified, risen, and soon-coming Saviour might be carried to the whole world!’  – Education p.271
‘One thing is certain, the spirit of love is wanting in the church and in the Sabbath-school. The workers and the learners remain on too low a level. All need to be enlarged, to have holier aspirations, to inhale a purer atmosphere. Young men are to come forth from our Sabbath-schools and from our colleges to become missionaries … This is a great and important missionary effort,-- the training and disciplining workers to go forth into all the world to preach the gospel to every creature.’

– Sabbath School Worker 1886, p.10
SS Classes
Kindy Class
Primary Class

Explorer Classes – No knowledge or little of God
Discoverer Classes – Basics of the Bible

FAST Discipleship Classes (FAST Survival, Basic, Team Tactics)
FAST Sabbath School Classes

Regular Sabbath School Class

Our Approach
Based on Spiritual level rather than by Age (for those over 14-15 y.o)
- Going back to the original design of SS i.e. soul-winning and training
- Allocate full hour for teaching
- Clear Discipleship Track
- Variety classes to grow the spiritual needs of the members

Sabbath School is designed to meet different spiritual levels of needs ...
Systematic Discipleship Training Tool

(1) FAST Track
(2) FAST Lessons
Use a good Discipleship Training tool …

‘If the axe is dull, and one does not sharpen the edge, then he must use more strength; But wisdom brings success.’

– Ecclesiastes 10:10
Researching for successful case studies on Discipleship ...

Our pioneers were from other churches and have strong spiritual disciplines. We need to get back to this in our church today – not merely focus on ‘doctrines’.

**Our criteria:**
- Bible based
- Produce a worker for the end-time
- SDA world-view
- Centred on the WORD
- Consistent with Spirit of Prophecy

Started writing our own Discipleship Curriculum in 2002 till ... FAST
Our Discipleship Training

The FAST Track

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Source: FAST Team Tactics, www.fast.st
Our Discipleship Training

The FAST Track

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Unbeliever  Spiritual Babes  Disciple  Workers

Source: FAST Team Tactics, www.fast.st
Our Discipleship Training

The FAST Track

- Unbeliever: 1 Pet 2:2, Rom 11:30
- Spiritual Babes
- Disciple: John 8:31
- Workers: 2 Tim 2:15

Source: FAST Team Tactics, www.fast.st
Four stages of Christian Growth

Stage 1  “For as ye in times past have not believed God, yet have now obtained mercy through their unbelief” - Romans 11:30

“Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth forever.” - 1 Peter 1:23

Stage 2  “As newborn babes, desire the sincere milk of the word, that ye may grow thereby” - 1 Peter 2:2

Stage 3  Then said Jesus to those Jews which believed Him, If you continue in my word, you are my disciple indeed” - John 8:31

Stage 4  “Study to show thyself approved unto to God, a workman needeth not to be ashamed, rightly dividing the words of truth” - 2 Tim 2:15
Our Discipleship Training

The FAST Track

Unbeliever

Spiritual Babe

Disciple

Worker

Source: FAST Explosion Formula, www.fast.st
Church’s Responsibility

The FAST Track

<table>
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<tr>
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<th>Spiritual Babe</th>
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<tr>
<td><img src="cross.png" alt="Cross" /></td>
<td><img src="spiritual_babe.png" alt="Spiritual Babe" /></td>
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Source: FAST Team Tactics, www.fast.st
## Our Discipleship Training

### Church’s Responsibility

<table>
<thead>
<tr>
<th>The FAST Track</th>
<th>Acts 11:26</th>
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<tr>
<td><strong>Evangelism</strong></td>
<td>Acts 10:42</td>
</tr>
<tr>
<td><strong>Establish</strong></td>
<td>Col 2:6-7</td>
</tr>
<tr>
<td><strong>Exhort</strong></td>
<td>1 Thess 2:11</td>
</tr>
<tr>
<td>** Equip**</td>
<td>Worker</td>
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**Source:** FAST Team Tactics, www.fast.st
What is the Church’s responsibilities for Discipleship?

**Stage 1**  
‘And He commanded us to **preach** to the people, and to testify that it is He who was ordained by God **to be** Judge of the living and the dead.’ - Acts 10:42

**Stage 2**  
‘As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and **established** in the faith, as you have been taught, abounding in it with thanksgiving.’ - Colossians 2:6-7

**Stage 3**  
‘as you know how we **exhorted**, and comforted, and charged every one of you, as a father **does** his own children.’ - 1 Thess 2:11

**Stage 4**  
‘And when he had found him, he brought him to Antioch. So it was that for a whole year they assembled with the church and **taught** a great many people. And the disciples were first called Christians in Antioch.’ - Acts 11:26
Our Discipleship Training

The FAST Track

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Source: FAST Team Tactics, www.fast.st
What is the **Individual’s** responsibilities for Discipleship?

| Stage 1 | ‘Therefore let it be known to you that the salvation of God has been sent to the Gentiles, and they will hear it’ - *Acts 28:28* |
| Stage 2 | For this reason we also thank God without ceasing, because when you received the word of God which you heard from us, you welcomed it not as the word of men, but as it is in truth, the word of God, which also effectively works in you who believe. - *1 Thess 2:13* |
| Stage 3 | ‘But He answered and said, “It is written, ‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’” - *Matt 4:4* |
| Stage 4 | ‘But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.’ - *Acts 1:8* |
# Our Discipleship Training

## The FAST Track

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<th>Stage</th>
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<tr>
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<td>Receive</td>
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Source: FAST Team Tactics, www.fast.st
FAST is a tool we use in discipleship … it takes TIME

FAST Survival Kit - 5 weeks

Keys to Surviving as a Christian
1. Amazing Grace
2. Looking to Jesus
3. Tackling Temptation
4. Knowing God’s Will
5. Fellowship

10 Bible-based key to memorizing

Weekly objectives for small groups

Survival Kit!

FAST Survival Kit #1 – Amazing Grace

Memo:

Hi! Welcome to the FAST Survival Kit—a simple little program designed to give you a taste of what it really means to be a joy-filled Christian. This study you hold in your hands is the first of five. Once you have completed them all, you will not only know what it takes to survive as a Christian—you will know how to thrive! Put a little effort into these studies. You will learn a lot, and they will help deepen your relationship with God.

You will also gain something invaluable: keys to memorizing Scripture effectively. You see, there is power in the Word of God. It has spoken entire worlds into existence. It has overthrown kingdoms and it has raised the dead. In fact, God’s Word is so powerful, it never returns void—it always accomplishes what it sets out to do. (See Isaiah 55:11). Start laying up that kind of power in your heart, and your whole life will begin to change. Try it, and see! Turn the page to begin...

The Editor,
Hid in Christ

Objectives

Week 1

Name: ____________ Date: ____________

[ ] Our first Bible Search is titled Amazing Grace. Simply read the questions, look up the verses in a Bible, and then answer the questions in your own words. Pause a moment before beginning and ask God to speak through His Word as you study. Think of this first Bible Search as a brief introduction to God. May it give you fresh insights into what He is really like.

[ ] Your first memory verse is Jeremiah 31:3. You should have received with this booklet a verse pack and blank cards. Write out this week’s verse on a card and slide it into your verse pack as described in Key #1. Then, follow the suggestions in Key #2 to begin memorizing it. Get to the point where you can quote this verse word-perfect.

[ ] Read the last two pages of this booklet entitled Keys to Scripture Memory. There you will discover our first two secrets to memorizing effectively. By the end of this program, your goal will be to know all ten—in order. So begin learning these first two right away. Memorizing God’s Word is an exciting adventure—are you ready?

I rejoice at thy word,
As one that findeth great treasure.
Psalms 119:162

Initialed by: ____________
Amazing Grace
Survival Kit - Bible Search 1

The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee. Jeremiah 31:3

Welcome to the first Bible Search in our FAST Survival Kit. The five studies in this program will look at those basics of the Christian life that are essential to your long term success and happiness. Bible Search One looks at what God is really like, and what it means to be a son or daughter of God. Press on with a prayer in your heart, and enjoy.

1. How does the Bible introduce God? Genesis 1:1

2. How is God involved in our world today?
Nehemiah 9:6

Lamentations 3:22-23

Note: God is not some giant clockmaker that simply wound up the universe and then left it alone to run down by itself. Rather, the Bible describes our Creator as intimately involved in our continued existence, preserving and sustaining us, day by day.

Keys to Scripture Memory
Practical Suggestions

In the weeks to come, the FAST Survival Kit will introduce you to ten keys to successful Scripture memory—drawn directly from the Bible. We strongly recommend that you follow these principles closely, especially when starting out. Scripture memory does not have to take much time or effort, and it can quickly become the joy and rejoicing of your heart—but there are some helpful principles you should understand. Our first two keys are listed below:

Key #1. Use Good Tools.

If the iron be blunt, and he do not whet [sharpen] the edge, then must he put to more strength: but wisdom is profitable to direct. Ecclesiastes 10:10

Just as a sharp axe requires you to exert less energy to chop the same amount of wood, a good Scripture memory tool can give you a better return on your investment of time and effort. Perhaps the best tool around is a small verse pack—with verse cards—that fits easily in your pocket. Both cards and packs can be obtained at many Christian bookstores—or from FAST. One should come included with your Survival Kit.

Simply write the verse you want to memorize and its reference on one side of a verse card, and then just the reference on the back. (Printed verse cards are also available from FAST). Next, slide the card into the clear outside pocket with the words of the verse facing out. If you keep your verse pack with you, you can pull it out any time you have a few minutes and work on a verse: walking down a sidewalk, sitting at a stoplight, waiting in line, etc. Redeem such moments carefully, and you will be able to learn countless verses without having to set aside special times for memorizing. Slipping your verse pack in a pocket each morning will soon be as much a habit as grabbing your wallet or keys.
Who should you look for to start training as a worker?

- **F**aithful
- **A**vailable
- **S**piritual
- **T**eachable
How FAST fits into Discipleship

The FAST Track

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Source: FAST Team Tactics, www.fast.st
FAST is a tool we use in discipleship ... it takes TIME

FAST Survival Kit - 5 weeks

Keys to Surviving as a Christian

1. Amazing Grace
2. Looking to Jesus
3. Tackling Temptation
4. Knowing God’s Will
5. Fellowship

10 Bible-based key to memorizing

Weekly objectives for small groups

FAST Basic Training – 9 weeks

Bible Secrets to Living for Christ

1. The Call to Commitment
2. The Morning Watch
3. Power Through Prayer
4. Down to Business
5. The Sword of the Spirit
6. Personal Evangelism
7. Bands of Believers
8. The Mystery of Multiplication
9. The Life of Purpose

“Works for all age groups, practical and implementable”

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Unbeliever

Worker

FAST Survival Kit

FAST Basic Training

Source: FAST Team Tactics, www.fast.st
FAST is a tool we use in discipleship … it takes TIME

**FAST Survival Kit - 5 weeks**

Keys to Surviving as a Christian
1. Amazing Grace
2. Looking to Jesus
3. Struggling with Sin
4. The Road Ahead
5. Fellowship

10 Bible-based key truths for memorizing

Weekly objectives for small groups

“Works for all age groups, practical and implementable”

**FAST Basic Training – 9 weeks**

Bible Secrets to Living for Christ
1. The Call to Commitment
2. The Morning Watch
3. Power Through Prayer
4. Down to Business
5. The Sword of the Spirit
6. Personal Evangelism
7. Bands of Believers
8. The Mystery of Multiplication
9. The Life of Purpose

“Works for all age groups, practical and implementable”

**FAST Team Tactics – 9 weeks**

Bible Secrets to Power-Packed Teams:
1. The Need of the Hour
2. A Strategy for Success
3. Keys to Community
4. Launching Out
5. The Engine of Love
6. Incorruptible Seed
7. Labouring for the Lost
8. Burst the Bands
9. Finishing the Work!

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- **FAST Survival Kit**
- **FAST Basic Training**
- **FAST Team Tactics**

Source: FAST Team Tactics, www.fast.st
Where to get the FAST Discipleship Pack?

Web: www.fast.st
Email: fast.australia@gmail.com
We have seen long term SDA in 2-3 that can ‘win souls’ …
Explosion = Evangelism + Training

ACTS 2:41-42, 47, 5:42, 8:1,4  ACTS 19:8-10
Explosion = Evangelism + Training

Key = Word of God (Memorise & Meditate, Applied and Passed On)

1 Thess 1:5 - 8
#3 – ‘they may be one in Us, that the world may believe’ John 17:21

Explosion = Evangelism + Training

Key = Living out our faith in CARE Groups

Word of God (Memorise & Meditate Applied & Passed On)

Mark 2:1-5
Acts 2:46-47

1 Thess 1:5-8
What are the TOOLS?

Explosion = Evangelism + Training

Key = Living out our faith in CARE Groups

Word of God (Memorise & Meditate Applied & Passed On)

Tools = CARE Group + Public Evangelism

Acts 20:20
Explosion in the New Testament Church

Explosion = Evangelism + Training

Key = Living out our faith in CARE Groups

Word of God (Memorise & Meditate Applied & Passed On)

Tools = CARE Group + Public Evangelism

Discipleship Team + Discipleship Lessons (FAST Discipleship)
Four Foundational Pieces for Discipleship

1 to 1

ACCOUNTABILITY

WORD OF GOD

SYSTEMATIC TRAINING
Building a FAST or CARE Group team

Heb 10:24-25  And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but **exhorting one another**, and so much the more as you see the Day approaching.

Heb 3:13-14  But **exhort one another** daily, while is called ‘Today’, lest any of you be hardened through the deceitfulness of sin. For we have become partakers of Christ if we hold the beginning of our confidence steadfast to the end.

Eccl 4:9-10  **Two are better than one**, Because they have a good reward for their labor, For if they fall, one will lift up his companion, But woe to him who is alone when he falls, For he has no one to help him up.
Four Foundational Pieces for Discipleship

Summary

1 to 1

ACCOUNTABILITY

SYSTEMATIC TRAINING

WORD OF GOD
What is the difference between Discipleship vs. Programs In the Church?
PROGRAM in Church / Youth Groups = Like FRAMES
DISCIPLESHIP = BRICKS that you lay one brick at a time
How do I get Discipleship Training Started?
Summary

• Discipleship goal is to make workers

• Discipleship process is based on PEOPLE (YOU)

• Discipleship must be based on the WORD

• Discipleship tools helps you not to ‘reinvent the wheel’ and provides a intentional training

• Discipleship tools are merely tools – it needs a clear purpose and committed people

• Discipleship can only be successful if there is accountability